

www.dancin-plus.com

March 2024

#### REMINDER...

Dancers are currently on break. Classes resume the week of March 11.

Roses Are Red. Violets Are Blue. The Calendar Says Spring Is Approaching. Everyone Shout Yahoo!! Spring means recital season. Recital time is going to be here soon. This time of year is one of my favorite times. It is so inspiring to think back to the first week of classes and realize what progress our dancers have made to get themselves to this point. When first introduced to new skills and choreography I was met with frightened expressions and comments of "I can't do that" and "I'll never get that!" Time passes and pretty soon they are indeed doing it and they are indeed getting it though it is in a really ruff looking form. A few more weeks pass and I am hearing "WOW! I can do it!" and "Hey! I am good at this!" and "Watch me do it!" Not only can they do it but they are moving with style and grace. I see the results of our dancers having confidence, working hard and the power of positive thinking. This is one of the reasons I am a dance instructor. It is so rewarding! We learn so much more in dance class than just fancy footwork! We will really be stressing expression over the next few weeks. A dancer's job is to express their story and emotion through nothing more than their movement. Do you know how hard it is to concentrate on your dance routine, while being nervous and remembering to smile once in a while? We want our dancers to be (or at least appear) comfortable on stage and that is something that takes practice. Once expression feels natural it does get a bit easier. Tomorrow morning, ask your dancer to express their mood using only the way they move and the expression on their face. Can you guess what kind of mood they are in? Have them guess what kind of mood you are in or what kind of day you are having by the way you move. A lot can be said while saying nothing at all.

#### SHOES SHRINKING?

Please check your child's dance shoes. This time of year, feet seem to be growing or shoes are shrinking....one or the other. Either way, if you need to purchase new dance shoes, please let us know now so we have time to place an order before show time. Please call 507.235.6114 or email <a href="mailto:Tammy@dancin-plus.com">Tammy@dancin-plus.com</a> and we will get it taken care of for you.

#### DANCE PRODUCTION VOLUNTEERS

We already have parents asking when they can sign up to be a backstage helper for the productions and we LOVE you for that! The recital helper sign up board will be up soon. If you have helped in the past you will agree that it is wild and fast paced but oh so much fun! As a VIV (Very Important Volunteer) you receive a couple of perks. We like to say thank you with a complimentary show ticket and early bird access to ticket sales. Thank you for considering being a helper. We appreciate it and so does your child.



## **DANCE PRODUCTION REMINDER**

With construction work sadly causing the closure of Fairmont Opera House, our dance recital weekend will be moving to the stage at the Fairmont Junior/Senior High School Performing Arts Center.

So that our rental can be accommodated, we will make a couple simple changes.

The revised schedule is:

**Dress Rehearsal** 

Friday, May 17 @ 6:00pm

**Performances** 

Saturday, May 18 @ 7:00pm Sunday, May 19 @ 3:00pm

Please mark this on your calendar. Be sure to keep an eye open for the April Newsletter detailing recital weekend.

We use our Facebook page as a bulletin board for important information. Be sure to like Dancin' Plus so you don't miss a beat!

We are already looking forward to seeing our dancers shine on stage and can't wait to share performance weekend with our dance families! ~Thank you

## **Dance Costume Picture Day**

Saturday, April 13<sup>th</sup> 9:00am - 12:00pm Seifried Portrait Design 200 Downtown Plaza – Fairmont

Individual and sibling photos available.

No appointments needed during the above date and time.

Arrive in costume and ready to smile! :)

You will register your child when you arrive.

If you are unable to make it on Saturday morning, please contact Seifried Portrait Design to set up another photo session. Additional charges may apply.

All questions regarding pictures or picture day should be directed to Seifried Portrait Design at 507-238-2441 or support@spdgallery.com

## Save Big on Dance Portraits!

Watch for your email or text

Free Digital Download... \$50 Value

Order in the first 24 hours of the event launch (Available with Certain Packages Only)

Prices will reflect a 20% discount during the first week.

(No Code Needed)

Limited Time To Order Don't Miss Out!







#### ALL PACKAGES INDIVIDUAL PORTRAIT ONLY

\$61

2 - 8x10 Portraits

2 - 5x7 Portraits 2 - 4x5 Desk Size

16 - 2x3 Wallets

\$41

1 - 5x7 Portrait

2 - 4x5 Desk Size

4 - 2x3 Wallets

1 - 8x10 Portrait

2 - 5x7 Portraits

8 - 2x3 Wallets

\$51

2 - 5x7 Portraits

2 - 4x5 Desk Size

4 - 2x3 Wallets

\$45

1 - 5x7 Portrait

4 - 2x3 Wallets

\$29

Digital Download Packages

3 Digital Images \$120

5 Digital Images \$199 8 Digital Images \$279

12 Digital Images \$389

(Inv. Only - Groups not available)

#### **BONUS ADD-ONS**

Add the following to any package purchase:

If you do not wish to purchase a package, you must use the Ala Carte pricing.

Add the following to any package purchase:

#### Individuals

Digital Image	\$15
Memory Mate	\$26
3-in-1 Composite	\$30
1 - 8x10 Portrait	\$15
2 - 5x7 Portraits	\$15
1 - 5x7 Portrait	\$12
4 - 4x5 Desk Size	\$15
8 - 2x3 Wallets	\$15

#### Groups

1 - 8x10 Group	\$18
1 - 5x7 Group	\$16

#### ALA CARTE PRODUCTS

You do not need to purchase a package to order ala carte products.

#### INDIVIDUAL PORTRAITS

1 - 8x10 Portrait	
1 - Enhanced 8x10 Ports	rait
2 - 5x7 Portraits	
1 - 5x7 Portrait	
4 - 4x5 Desk Size	
8 - 2x3 Wallets	

1 - 8x10 Portrait 1 - 5x7 Portrait



#### INDIVIDUAL FUN ITEMS

\$20	1 - Photo Button	\$15
\$25	2 - Photo Buttons	\$19
\$20	1 - Enhanced Button	\$18
\$18	2 - Enhanced Buttons	\$22
\$20	2 - Magnets	\$15
\$20	2 - Enhanced Magnets	\$18
	Memory Mate	\$35
	3-in-1 Composite	\$42
	Magazine Cover	\$20
\$25	Calendar	\$20
\$21	Bag Tag	\$15

#### DIGITAL IMAGE

DIGITIE IIIDIGE	
- With a Package A-E Order	\$15
- Without a Package A-E Order	\$50
Prices per each individual pose	
Group Photos not available	

#### Seifried Portrait Design

507-238-2441

200 Downtown Plaza Fairmont, MN 56031

support@spdgallery.com spdgallery.com

#### DANCE PRODUCTION TIGHTS ORDER

#### **RETURN ORDERS NO LATER THAN MARCH 14, 2024- Thank you!**

Dancin' Plus provides a pair of tights for each female dancer. This helps our classes have a uniform, polished appearance on stage. Tights are sent home with your costume.

If you wish to purchase a spare pair or two (we recommend-especially for the younger dancers) please use this order form.

Tights are sized according to costume sizing. We will order the size your child measured at. If you have a different size preference, just mention it on the form below.

Tights are \$6.50 each for footed tights and \$11.50 each for convertible tights for pointe dancers.

We will not have extras available at the dance production. Please plan ahead.

•	ll be sent home with your dancer when the	e order arrives.	
_	lass or mail to:		
Dancin' P			
403 East			
Fairmont	MN 56031		
<b>*</b>			
	Dancer's Name		
	Class Day/Time		
	Class Day/ Tille		
	Circle The Style Ordering:	Footed	Convertible
We have your child's size recorded from costume ordering time.			
	Quantity Order	ing	_

Please include payment (cash or check) with your order form. We can not place your order without payment. Thank you!



**UNDERGARMENTS** 

- \*Wear it under costumes to provide added coverage for a smooth look.
- \*Allows greater privacy during quick costume changes.
- (There is not time to take turns changing in the privacy of the bathroom.)
- \*Adult sizes feature a supportive bra-liner. No more bra straps peeking out!
- \*Seamless design for a smooth look and feel.
- \*Varied hook placements in back allow you to choose from seven different strap positions to work with any costume straight back, crisscross and halter.
- \*Adjustable strap lengths.
- \*Thin fabric that hugs the shape of the body without bagging or wrinkles.

### Please return order form no later than March 14, 2024 ALL SIZES - \$20.00

SIZING - If you currently wear our Revolution Dancewear brand leotards, sizing is the same as those leotards. If you are unsure of size, leave blank and we will use your costume measurements to determine size.

<b>*</b>	UNDERGARMENT ORDER FORM				
DANCER'S NAMI	Ξ				
CLASS DAY/TIME	E				
CIRCLE SIZE: <b>CHILD SIZES</b>	SMALL	MEDIUM	LARGE	PETITE(fits like a child extra large	e)
ADIILT SIZES	SMALL	MEDIUM	LARGE	EXTRA LARGE	

PLEASE INCLUDE PAYMENT (CASH OR CHECK) WITH YOUR ORDER FORM. WE CAN NOT PLACE YOUR ORDER WITHOUT PAYMENT.

#### A SNEAK PEEK AT THE 2024-2025 FULL LENGTH DANCE SEASON

It may seem early to already be planning for 2024-2025 but a great dance season requires a lot of behind the scenes planning and preparation before we are even ready to begin classes for another year. So that you can plan accordingly as well, here is a sneak peak at our schedule for the next season. Let your child's age as of September 1<sup>st</sup> be your guide for choosing a class.

If you are selective with class options, register early to ensure you get your first choice. Thank you!

## The 2024-2025 Dance Season

Classes Begin The Week Of September 16, 2024

MONDAY	
AGES 6-7 TAP & BALLET	4:00-4:45pm
AGES 6-8 JAZZ/HIP HOP	4:45-5:30pm
AGES 4-5 TAP & BALLET	5:30-6:15pm
AGES 7-10 BOYS JAZZ/HIP HOP	,.6:15-7:00pm
TUESDAY	
AGES 4-5 TAP & BALLET	4:45-5:30pm
AGES 8-10 TAP BALLET/LYRICAL JAZZ/HIP HOP	5:30-6:45pm
AGES 14+ TAP BALLET/LYRICAL JAZZ/HIP HOP	6:45-8:00pm
AGES 14+ POINTE (By Teacher Recommendation)	8:00-8:45pm
WEDNESDAY	
AGES 8-10 TAP BALLET/LYRICAL JAZZ/HIP HOP	4:45-6:00pm
AGES 6-7 TAP & BALLET	6:00-6:45pm
THURSDAY	
AGES 3-4 CREATIVE MOVEMENT & BALLET	5:15-6:00pm
AGES 11-13 TAP BALLET/LYRICAL JAZZ/HIP HOP	6:00-7:15pm
AGES 11-13 POINTE (By Teacher Recommendation)	7:15-8:00pm

When considering class times, for proper placement, please use child's age as of September 1, 2024.

# Online Registration Begins Saturday, April 27 ~ 8:00am www.dancin-plus.com

#### POINTE INVITES

Those students showing enough progress in ballet to enroll in pointe(pronounced point) for the next season will receive a recommendation to enroll in pointe class about April 1st. If you received one in the past but decided to wait to enroll in pointe, the invite does not expire. Join us! If you do not receive one, never fear, dancers progress at different rates and we are always re-evaluating the dancer's progress. We will be sure to let you know when we feel you are ready. Keep up the good work dancers!

#### BUILDING SELF-ESTEEM

This is the time of year we begin to see dancers with butterflies because they know that dance production weekend is nearing. This is completely normal and expected. As grown ups we know that the dance recital is not something that will hurt them. It is not dangerous to be on stage yet, some children can have anxiety over it. And that is ok. It is just a matter of normal lack of self esteem and confidence sneaking its way out of your child. When children dance, they have a "golden opportunity" to develop a positive self-image. We need parents to do their part.

Here are some ideas to help build your child's self-esteem on and off the dance floor:

- \* Keep it positive. When you find something to correct, find four other things to praise.
- \* Instill humor. Help kids laugh at their mistakes.
- \* Develop team spirit. Help your child think "we" not "me."
- \* Step into your child's shoes. See life through her/his eyes. Listen and understand their feelings.
- \* Involve yourself. Volunteer. Ask your child questions.
- \* Notice any and all progress, in both skill and effort.
- \* Praise specifics. Don't say: "Laura, good job!" Say "I love the way you got yourself dressed for dance class and had your dance bag packed and ready to head to class with you! That helps me out A LOT!"

## **ATTENDANCE**

GOOD ATTENDANCE IS SO IMPORTANT DURING THIS TIME OF THE DANCE SEASON! WE ARE KICKIN' OUR HEELS INTO OVERDRIVE GETTING OURSELVES POLISHED FOR OUR PERFORMANCES. WE WANT TO DO OUR BEST! THANK YOU FOR HONORING YOUR COMMITMENT TO DANCE CLASS.

## IMPORTANT DATES TO REMEMBER

### Thursday, March 14

Last Day To Order Recital Tights And Undergarments Order forms were put in your dancer's dance bag.

#### Week Of March 25

Dance Recital Packets Will Be Sent Home With Dancers

#### Saturday, April 13 9:00AM-12:00PM

Picture Day At Seifried Portrait Design Please see Details In This Newsletter

#### Monday, April 22 8:00AM

Recital Ticket Presale For Those Graduating And Back Stage Helpers (VIVs)

Details included in your recital packet sent home soon.

### Saturday, April 27 8:00AM

Ticket Sales Begin For All Dance Families
Details included in your recital packet sent home soon

### Saturday, April 27 8:00AM

2024-2025 Dance Season Online Registration Begins Dance Families Currently Enrolled Get To Save A Place in Class Before We Open Enrollment to New Families

Dance Production Week

Dress Rehearsal - Friday, May 17 @ 6:00PM

Performances - Saturday, May 18 @ 7:00PM & Sunday, May 19 @ 3:00PM

So you do not miss a beat...watch for your dance recital packet the week of March 25.



THANK YOU!