



STUDIO NEWS...AND ALL THAT JAZZ

A DANCIN' PLUS NEWSLETTER

JANUARY/FEBRUARY 2025

Happy New Year! Warm wishes for the new year to all our dance families! We thank you for making Dancin' Plus your dance home and we are honored to provide you and your child with fun, quality dance instruction in 2025!

Once we turn the page on Christmas break, we all have dance recital on the brain! With dance production season waltzing closer, the dance studio will be buzzing with excited performers digging deeper into our production numbers, putting on the finishing touches and polishing their performance abilities as well as learning new skills every week. So families can plan ahead, we provided production dates and times prior to you registering for the dance season. Please be sure you have them marked on your calendar. Thank you!



Dress Rehearsal:
Friday May 16 - 6:00PM
All Dancers Must Attend

Dance Productions:
Saturday, May 17 - 7:00PM
Sunday, May 18 - 3:00PM
All Dancers Perform In All Shows

Fairmont Junior Senior High School

INSTALLMENT PAYMENT REMINDER

January tuition is due no later than January 10th.

February tuition is due no later than February 10th.

For your convenience, all payment totals and due dates are listed in your copy of the studio handbook.

There are three easy ways to make your payment.

1. When they come for class, dancers can deposit payments(cash or check) in our locked payment drop box on the wall near our front desk. If paying with cash, please place it in an envelope marked with dancer's first and last name so we know what account to credit.
2. Mail it to our mailing address: Dancin' Plus 403 E 1st Street Fairmont MN 56031
3. Pay online at www.dancin-plus.com with debit/credit card or Paypal. Fees apply

Please note....We DO NOT have an outdoor drop box to drop payments in after hours. People often ask if we do. When we did, our mail always disappeared. ☹ Think of our online payment system as the after hours drop box. :)

TAKING CARE OF YOUR DANCER IN THE WINTER

The cold winter months bring challenges to our bodies. Staying energized and healthy is important but tricky, especially for dancers. If we do not have the energy to move, how can we dance? It is difficult to exert and dance at your best level if you do not take care of yourself. I think we can all admit that during the winter we would prefer to stay in a nice warm house on the couch with a pillow and blanket. We can also admit that this is not going to happen. ☺ So, to keep dancers energized, here are a few helpful hints we have tried that seem to work.

☺ Get plenty of sleep at night. Going to bed early is NOT a bad thing.

☺ For those with classes before meal time or later in the evening, have a small, healthy snack before heading to dance class. String cheese, fruit or crackers... anything healthy that can help you keep "fuel" in your body so you have energy to move in class. Have a car picnic on the way to dance class!

☺ Stress will wear you out. Avoid it. Be organized.

One thing we notice happening at least once in every class, every week, is a dancer coming in stressed from trying to find their dance bag before leaving for class. They end up late to class and then that is stressful to them too. Avoid it! Put the dance bag on the door knob the night before or better yet, put it in the car. It will be there waiting for you.

☺ Set realistic schedules. We know folks are busy and often running at top speed. Try not to overbook yourself or your child. Running from activity to activity results in below average performance. Participating in an amount of activities healthy for one day allows for average or better yet, above average, performance and results.

☺ During the winter people of all ages often complain about going to an activity but once they are there, they have a great time. Can you relate? We can! Understand that it is not actually the activity being complained about but the thought and process of having to bundle up and go out in the cold to get to the activity, especially if your current activity has you on the couch with the before mentioned pillow and blanket. Dancers may need extra encouragement to get to class in the winter. This is normal. No matter how active your child is during other times of the year, their bodies tend to be in hibernation mode not “lets go move around a lot and over exert mode.” This is normal too. We have found that there is one age group exempt and that would be the preschoolers. Bless them and their limitless energy levels.

☺ These are just a few things that we have tried and found to be helpful. Let us know if you have any other suggestions. We would love to hear them.

CLASS SCHEDULE

Regular attendANCE is so important. Days off from school are not always days off from dance. Thank you for following the dance class schedule we mailed you with your studio handbook. We like to give our students as many class days as possible.

LET IT SNOW...LET IT SNOW...LET ITNO!

To keep it simple, if Fairmont public schools close due to weather, we will be closed as well. We will post closure announcements on our Facebook pages. We also announce it on our outgoing message on the studio phone line 507.235.6114

If the weather turns nasty AFTER the studio has opened in late afternoon the studio will remain open for those who can make it.

When we figure our rates, we deduct for two classes assuming we will have a snow day or two. If we don't have snow days, you are receiving FREE classes! Classes with more than two snow days, we will reschedule in the spring.

SO YOU DON'T MISS A BEAT

If you have had a change in home address, email or phone number be sure to call and update - 507-235-6114 or send an email to Tammy@dancin-plus.com Thank you!

DRESS THE PART TO RESPECT THE ART

Our attire requirements allow dancers to move freely, warm up properly and learn correctly. Instructors can make corrections to bent knees and sloppy arms when dancers are dressed correctly. Help your dance student get the most out of his/her class by dressing correctly. **Visit www.dancin-plus.com to view proper class attire.**

IMPORTANT DATES TO REMEMBER

Fifth Tuition Payment Due No Later Than January 10

Final Tuition Payment Due No Later Than February 10

Dancin' Plus Will Be Closed February 24-March 9 For Spring Break,
Also Known As "Dance Production Prep Marathon" For Our Teachers. 😊
Classes Resume The Week Of March 10th. This Is Marked On Your Class Schedule.

Tights and undergarment orders for recital are ongoing.
Deadline to order so we can get the items before show weekend is
THURSDAY, MARCH 13, 2025

The Next Newsletter Will Be Galloping Your Way The End Of February.

DON'T MISS A BEAT! Visit us at www.dancin-plus.com



THANK YOU!

DANCE PRODUCTION TIGHTS ORDER

RETURN ORDERS NO LATER THAN MARCH 13, 2025- Thank you!

Dancin' Plus provides a pair of tights for each female dancer. This helps our classes have a uniform, polished appearance on stage. Tights are sent home with your costume.

If you wish to purchase a spare pair or two (we recommend-especially for the younger dancers) please use this order form.

Tights are sized according to costume sizing. We will order the size your child measured at. If you have a different size preference, just mention it on the form below.

Tights are \$6.50 each for footed tights and \$11.50 each for convertible tights for pointe dancers.

We will not have extras available at the dance production. Please plan ahead.

Tights will be sent home with your dancer when the order arrives.

Bring to class and drop in the payment deposit box near out front counter or mail to:

Dancin' Plus

403 East 1st Street

Fairmont MN 56031

✂ -----

Dancer's Name _____

Class Day/Time _____

Circle The Style Ordering:

Footed

Convertible

We have your child's size recorded from costume ordering time.

Quantity Ordering _____

Please include payment (cash or check) with your order form.

We can not place your order without payment. Thank you!

****FOR DANCERS WITH COSTUME CHANGES****



UNDERGARMENTS

- *Wear it under costumes to provide added coverage for a smooth look.
- *Allows greater privacy during quick costume changes.
(There is not time to take turns changing in the privacy of the bathroom.)
- *Adult sizes feature a supportive bra-liner. No more bra straps peeking out!
- *Seamless design for a smooth look and feel.
- *Adjustable strap lengths .and adjustable placement
- *Thin material that hugs the shape of the body without bagging or wrinkles.

Please return order no later than Thursday, March 13 2025.
ALL SIZES - \$20.00

SIZING - If you currently wear our Revolution Dancewear brand leotards, sizing is the same as those leotards. If you are unsure of size, leave blank and we will use your costume measurements to determine size.

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DANCER'S NAME _____

CLASS DAY/TIME _____

CIRCLE SIZE:

CHILD SIZES.....SMALL MEDIUM LARGE EXTRA LARGE

ADULT SIZES.....SMALL MEDIUM LARGE EXTRA LARGE 2XLARGE

**PLEASE INCLUDE PAYMENT (CASH OR CHECK) WITH YOUR ORDER FORM.
WE CAN NOT PLACE YOUR ORDER WITHOUT PAYMENT.**